Partnerships for health care access to FNQ Indigenous youth

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Background

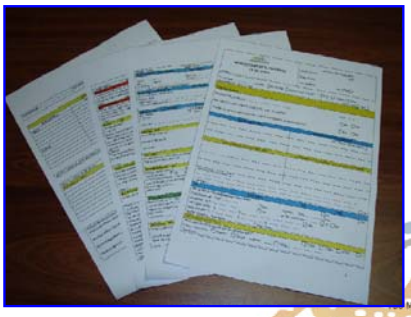
- Apunipima Cape York Health Council 1995
  - Health care provider 2008
- Secondary boarding school - ATSI students
  - Restarting Feb 2009
  - Asked Apunipima for health screening

Aims

- Document health issues
- Improve ongoing healthcare for students

Objectives

- Screening tool
  - Adolescent Health Check
- Relevant partnerships
  - Queensland Health
  - Non-Government



Partnerships

- Based on perceptions of kids' health needs
- Early buy-in = service afterwards
  - Govt: Sexual, community health, chronic disease
  - Non govt: JCU medical school, school doctor
  - Apunipima: co-ordination, nutrition& lifestyles, 2 doctors

Stations

- Reception
- Measurement
- Nutrition/Physical activity
- Sexual Health
- Audiology
- General Practitioners
- +/- Echocardiography

Screening - 24 kids

- 7 girls, age range 14-19, median age 16
- Half Aboriginal, half Torres Strait
- 2/3 family history diabetes (67%)
- 5 students hearing difficulties (21%)
- 2 students – insulin dependent Type 2 DM
- 2 rheumatic HD(8%)
  diagnosed at screen

Immunisations

- 13 not up to date with immunisations
- 6 students no data
- Missing up to 28 shots in total

- Check existing data again
- School visit for immunisations

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Sexual health

- 7 students (30%) had 10 STIs
  6 chlamydia, 2 gono, 2 trich
- 19 students (80%) sexually active
  15(63%) using condoms always

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Drugs

- Half (12) smoked tobacco
- A third (8) smoked marijuana
- 58% (14) drank alcohol
  - Of these half (7) drank in a risky way

- Five said drugs were a life problem

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Safety and Mood

- 7 exposed to violence in homes
- 11 - family upsets, deaths, violence
- 7 keen for counselling dealing with sadness, anger (mostly with others), sad family circumstances

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Health Summary

- Social/emotional and drug use issues
- Almost 1/3 had an STI
- Half needed catch-up immunisations
- Ears and teeth - ongoing attention
- 4 (17%) kids with serious medical problems

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School feedback

- Present data
- Feedback from school students and staff
- STI treatment and contact tracing (DH)

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Data sharing

- Copy of check in school health records
- 4 kids with chronic disease- paed summary
- Health summary sent to home communities
- Ferret entries…

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Initial Care

• Toiletry welcome kits	School
• Aust Hearing Services visit	AHS
• Regional dental clinic	QH
• Immunisation visit	CH/ACYHC
• Quit and alcohol program	ATODS QH

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Initial care (2)

• Nutrition course	ACYHC
• Healthy Lifestyles	ACYHC
• SEWB Counsellor	FNQRDGP
• Sexual Health Checks	Dolls House
• Sexual Health Education	Dolls House

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Integration of care

- Support (and data) for school health care staff- RN and health worker, no MO
- Embedding health screening annually
- STI screening after holidays

Wins

- Ongoing relationships- school, JCU
- Counselling
- School Health staff
- STI clinic involvement
- Adolescent health check -OATSIH

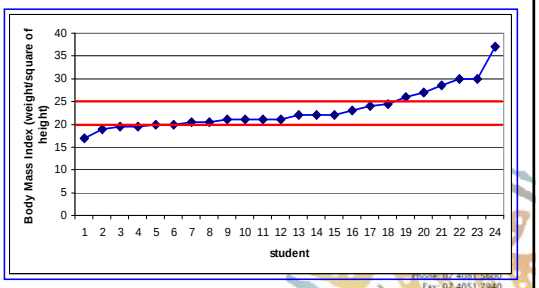
Challenges

- Prodding government for services…
- Immunisations / Alcohol and other drugs
- Electronic database record inputs
- Information sharing
- Staff turnover

Acknowledgements

- The students…
- Sexual Health workers - Charlene, Lorna
- Regional Health Centre QH - Bronwyn and Julie
- Community Health Clinic Apunipima- Sharyll
- Chronic Disease QH - Kate
- James Cook Uni - Walid, Tamsin, Natasha,
- James Cook Uni -supervisor Dr Graeme
- Sister School- Dr Chrystelle
- School –Simon, Victoria, Daisy
- Apunipima – Dr Mark, Kristy, Derlene, Belinda, Sue

Weight



Measurement

- 8 high BP- 3 both BP readings high
- 2 low Hb (82, 102)
- Respiratory- 1 asthma, 1 bronchitis
- Skin- 2 fungal infections
- Ears- 3 old scarring, 2 active infections

Screening process

- Hold-ups at reception, audiology and GPs
- Need paperwork preparation beforehand
- 2 audiology stations
- Need better data on teeth and brushing
- Stagger GP start and lunchtimes so kids don't wait so long
- Audiol/GPs/Echo on separate days?