



# CAPRE

## **Capacity Building in Research & Evaluation**

The Newcastle Approach to PHC RED



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# Program Overview

- ☛ Re-named "CAPRE" in July 2002
- ☛ Staff:
  - Director, Coordinator, 2 Project Officers, Network Coordinator, 3 GP Academics.
- ☛ State, Local and Research Network Advisory Groups

# Activities (Individual & Group)

- ✔ Over 55 activities.
- ✔ Ethics applications.
- ✔ Registrar statistics & research training.
- ✔ Support to PhD students.
- ✔ Fortnightly research meetings.
- ✔ Research support for Discipline staff.
- ✔ Ad hoc support.
- ✔ Workshops developed for delivery to Divisions, Community Health etc.
- ✔ Bursary support (new practitioners identified).
- ✔ Formal evaluations.



# Activities

- HEARNet (research network established)
- Annual PHC research conference
- Evidence Based Practice Workshops
- Web based education modules
- Individual and group research support
- Multidisciplinary work
- State collaboration

# "HEARNet"

(Health Evaluation & Research Network)

- ✓ Emerged at Conference
- ✓ Membership approximately 50
- ✓ Members from a broad PHC background
- ✓ Local chapters
- ✓ Advisory Group
- ✓ Newsletter & resources
- ✓ HEARNet promotion
  - Membership application mail out.
- ✓ Review Committee
  - Project assessment, badged, offered to members.

# "Research in Practice" Conference

## Annual Regional PHC Research Conference - 15th-16th November - Pokolbin

- Local and interstate key note speakers
- Invitations/call for papers (AHS, HEARNet)
- Three streams (EBP, collaboration workshops)
- Local PHC researchers encouraged to present
- Prizes for best paper/poster by a new presenter
- Promotion (HEARNet, Div, AHS, AMS etc)

# EBP Workshops

- ☞ GP Academic attended UQ EBP workshop.
- ☞ Needs assessment for EBP workshops.
  - Workshops offered to all Divisions of GP
- ☞ One Train the Trainer EBP workshop.
  - Tamworth (positive evaluations)
- ☞ Regional planning meetings.
  - AMS discussions, regional librarian involvement.
- ☞ Other workshops planned for 2002-03
  - Combined Division workshops.
- ☞ Flexibility (full day, 1/2 day, 1 - 2 hrs)

# Web-based Modules

- ☞ Postgraduate Education
- ☞ 3 Paediatric modules developed:
  - Asthma; Eating Disorders; ADD.
- ☞ Modules to be available as a Paediatric Diploma for GPs.
- ☞ Roll out to other disciplines (Advisory Group).
- ☞ Joint nursing courses on offer.
- ☞ Flexible learning:
  - Blackboard skills; not fixed hrs per week.

# Multidisciplinary Work

- ☛ 17 collaborative grant applications.
- ☛ Rework unsuccessful applications.
- ☛ Multidisciplinary Advisory Group - 3 monthly (networks).
- ☛ Nurses, Dietitian & GPs involved in Discipline research projects.

## Other Activities

- ☛ Tenders / EOI submitted to DHA.
- ☛ Development of Handbook for PHC researchers.
- ☛ State collaboration (NSWRDN workshop).
- ☛ Workshop calendar for 2003.
- ☛ Program promotion - newsletters, mail outs, web (HEARNet).
- ☛ CV skills.

# Activities & Opportunities

- ☞ State structure (resource sharing).
- ☞ Interstate / International.
- ☞ Structures in place.
- ☞ Engagement strategies
  - NSW Bursary
  - Field trips
  - Multidisciplinary Advisory Group / teleconference link
- ☞ Relationships (time & trust)
- ☞ Annual conference and HEARNet.

# Difficulties

- ☞ Stakeholder expectations
  - Of funding.
  - Raised through collaborative process.
- ☞ Field trips required to raise interest.
- ☞ Grant land challenges.
- ☞ Chasing all the opportunities.