

Tic Toc, Tic Toc: Evidence-based community nursing



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CONTEXT



Era Specific Modifications



Nursing is modified by the era in which it is practiced
(Virginia Henderson)

Re Community Nursing:

- Contemporary growth as a genre of nursing
- Expanding number of sub-specialties
- Re-formulation of sub-specialties
- Social health model & PHC principles
- New levels of role & layers of education
- Technology



A Clock – not an explosive device



- Constructive function
- Rise of *Evidence Based Nursing*

The selection and use of current best evidence integrated with individual clinical expertise for feasible application to nursing care of a person according to the person's preferences and values.

- Systematic Reviews, Clinical Guidelines
- Evidence limited



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WORKING PARTS



The two hands (Max von Manen)



What evidence?

- Gnostic hand
gnostikos – 'one who knows'
- Pathic hand
pathos - inclusive of the quality that understands and accepts, arousing empathy, sorrow and similar
- Both hands require evidence; meta-analysis & meta-synthesis



The swinging pendulum



Vacillating but purposeful movement re how to research for evidence?

- quantitative vs qualitative
- positivist vs constructivist (Realist vs Relativist)
- clinician vs designated role



Chimes, cuckoo or alarm mechanisms

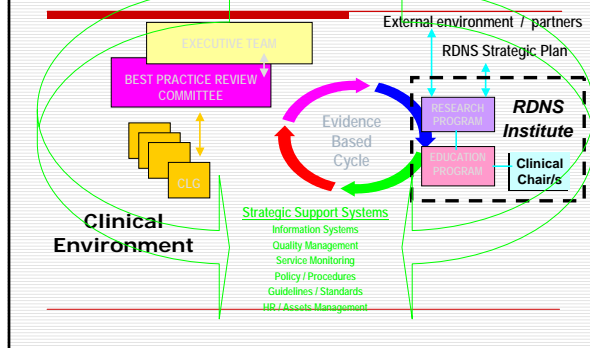


Discernible elements & function thereof

- Specific organisations for EBN
 - Joanna Briggs Institute,
 - University of York's Centre for Evidence Based Nursing
- New types of journals (e.g. *Evidence-Based Nursing*)
- Use of online services (e.g. Clinicians Health Channel)
- EBN facilitation programs (e.g. clinical leadership groups)



RDNS Best Practice Context



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KEEPING IT WORKING



Power source



Input to keep ticking:

- Funding, funding, funding
- Prioritisation
- Adequate researchers
- Academic energy and impetus
- Middle management facilitation
- Actual outcomes of benefit



Solo or collaborative clock making



Nurse researchers:

- 'going it alone'
- joining research teams or consortia
- forming and leading research teams
- actively seeking interdisciplinary / interprofessional collaboration
- in intersectorial collaborations



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FUNCTIONALITY



On the mantelpiece or in the hall way



Evidence for community nursing needs:

- to be seen
- to be accessible
- to be appropriate
- to be comprehensible
- to be applicable
- to be able to be implemented
- to work

Checking with Greenwich Mean Time



The essentialness of evaluation

- Action research popularity
- JBI – e.g. implementation projects of *Best Practice Information Sheets* with baseline and outcome clinical audits, identifying also 'uptake issues'; evaluation cycle reports
- Evaluation research projects (text book inclusion)

Keep on ticking!

